

ED&C Wound Care Instructions

Day of Surgery

- Leave bandage in place for 24 hours.
- Take Tylenol for discomfort.
- Apply firm pressure for 20 minutes for bleeding. If still bleeding after 20 minutes apply ice for an additional 20 minutes.

24 Hours After Surgery

- Remove bandage
- Wash area with gentle cleanser with clean fingertips only. **Make sure your hands are clean!!**
- Apply ointment (Vaseline/Aquaphor) to the area and cover with a bandaid. It is OK to shower with bandaid on.
- Keep area moist with ointment at all times
- Do NOT soak in tub, jacuzzi, or pool while wound is healing

Mild to moderate discomfort is to be expected. However, severe pain, marked swelling or redness extending more than $\frac{1}{4}$ inch from the wound edges may be signs of an infection. Please contact our office if any of these symptoms are noted.

Rx : _____