

Microneedling: Pre and Post Care

Microneedling may be performed 2 weeks prior to or 2 weeks following Botox, fillers, or superficial peels.

Prior to procedure, please notify your provider of any history of cold sores.

Expect possible redness, swelling, and pinpoint bruising for up to 3 days. Dryness, itching, and flaking skin can persist up to 5 days.

For at least 48 hours avoid: UV exposure, intense sweating, swimming, excessively hot showers or saunas, and spray or self-tanners.

Make-up may be applied after 24 hours; however, be sure make-up brushes are clean.

For the next 5 days use only a gentle cleanser, moisturizer, and physical sunscreen (those with zinc oxide and/or titanium dioxide). Avoid all other products unless directed by your provider.